



Serving members of MD36 Oregon and Northern CA

December, 2015 Volume 6/15-16

A Combination of Oktoberfest and Halloween Provided an Interesting Event



OLSHF and Portland State University Shared a Fundraiser



Stories on page 12-13

ANNIVERSARIES

December 2015 marks the anniversary of another year in Lionism. It's great to be a part of a network of Lions who are recognized as the greatest service organization worldwide! Indeed, your club continues in the excellent tradition of service and pride under the banner of Lionism.

December

Portland Downtown	December 02, 1921
Mill City	December 11, 1947
Maupin	December 13, 1948
Eagle Point	December 16, 1951
Garibaldi	December 07, 1953
Halfway	December 08, 1965
Estacada	December 15, 1966
HR EyeOpeners	December 29, 1975
Bonanza	December 21, 1977
Mt. Angel	December 19, 1980
Banks	December 07, 1987
Eugene Cascade	December 26, 2001



The Oregon Lion Website:
www.md36lionsclubs.org

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MONTHLY CALENDAR

MEETINGS

December

- 9 Patient Care Committee meeting - OLSHF @ noon
- 11 Lions VisionGift Board meeting - LVG - Tate Conf. Room @ 10:30am

January - Relieving the Hunger Global Service Campaign

- 13 Patient Care Committee meeting - OLSHF @ noon
- 25 SOLS&HC Board meeting - Medford - SOLS&H Center, 228 N. Holly Street @ 6pm

EVENTS

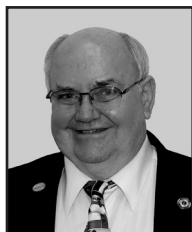
December

- 6 Hanukkah begins at sundown
- 7 Pearl Harbor Remembrance Day
- Eyeglass Sorting Party - Keizer - Keizer Lions Hall @ 6pm
- 10 *The Oregon Lion* article deadline (for Jan. issue)
- 17 OLSHF Webinar @ 11am
- 24-25 Christmas Holiday - Observed - HQ office closed
- 31 New Year's Eve Day - Observed - HQ office closed

January

- 1 New Year's Day - Observed - HQ office closed
- 11 *The Oregon Lion* article deadline (for Feb. issue)
- 18 Martin Luther King Day - Observed - HQ office closed
- 21 OLSHF Webinar @ 11am

Council Chair News



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The holidays are here, the time for celebration and a busy time for Lions.

Donating to our food banks, providing baskets to help those families celebrate the holidays, sponsoring toy drives, Santa Claus and parades and decorating for the holidays are some of the ways Lions celebrate this special season. We continually make a difference in our communities in special ways. Now is the time be let our communities know what we do, by highlighting our service projects, displaying our Lion logo and sharing via radio, TV and social media.

"We serve" is our mantra and is easily seen during the holiday season.

I wish you and yours a Merry Christmas and Happy New Year. May the Holiday Season be fulfilling to you and your loved ones.

DIRECTORY CORRECTIONS

Page

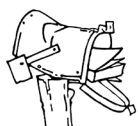
- 11 MD36 Leo Chair: change to Don Markle - all information in index on page 106
- 32 King City Lions Club: change meeting place to - El Guajillo Mexican Restaurant, 12725 SW Pacific Hwy, Tigard, OR
- 61 1997-98 PDGA: change Banfield, David to deceased
- 63 Banfield, David deceased
- 94 Keno Lions Club: change President information to - 3407 Bisbee Street, Klamath Falls, OR 97603 R) 541.891.0801 email - jwfcef@gmail.com

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- 16-19 **OLSHF**
- 11 **36-R Conf. Reservation Form**

Are You Moving? Have You Moved?

We need a couple of days to change your address. Please give us your old address, as well as your new one, by attaching a label from a recent issue of *The Oregon Lion* in the space shown.



Mail entire form to:
The Oregon Lion
 1075 Washington Street #212
 Eugene, OR 97401

Attach Your Address Label Here

Name (print) _____

New Address _____

City _____ State _____ Zip _____

Old Address _____

Club _____



**A Happy and Prosperous
 New Year
 To All Lions**

MD36 Headquarters Staff

EBAA Slit Lamp Seminar Feedback

As in many industries and professions, eye banking has an accreditation body made-up of the top industry thinkers and regulatory specialists who help reconcile the varying jurisdictions and establish best practices in our field – this organization is known as the Eye Bank Association of America (EBAA). Their mandate is broad, but among their roles is to establish continuing education and administer tests for Certified Eye Banking Technicians. **Lions VisionGift** has a strong tradition of leadership within the EBAA, chairing many committees and serving as faculty at education events – but we also get the opportunity to send our own employees to these events and what follows in an account from our own Amy Ansin, a Tissue Distribution Specialist here at LVG.

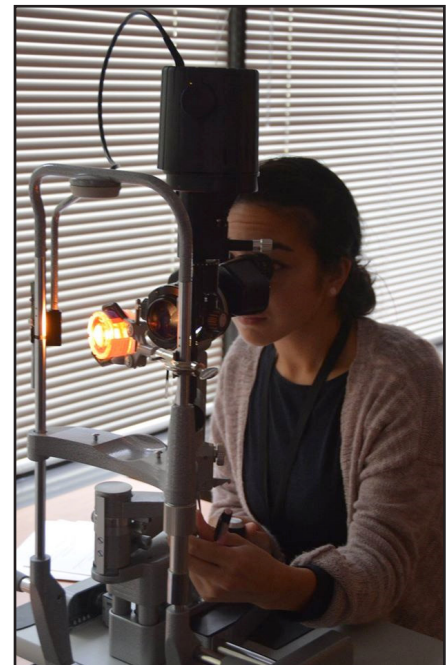
After having been signed off to evaluate corneas on the slit lamp for about a year at LVG, I found the overall experience of the EBAA Slit Lamp Seminar in St. Paul, MN to be a very valuable experience. There are a number of things I've taken away from the 3 day course. A few of these include: insight and perspective of the eye banking world, better overall understanding of ocular anatomy and corneal pathology, and perhaps most importantly the value of slit lamping as it pertains to my role as a Tissue Distribution Specialist.

Personally, I am very new to eye banking. I had no idea eye banks had even existed before coming in to interview at LVG. That being said, it was very interesting to meet others for whom eye banking/tissue donation has been part of their lives, education, and career path for quite some time, along with a few who were new to it as well. Of those who had been eye banking for quite some time, I was impressed with the knowledge they had of their own eye banks' set up and procedures, rules and regulations, etc. This inspired me keep learning as much as I can about LVG itself, and how and why we operate the way we do.

The seminar started off with a presentation by Dean Vavra, over-viewing basic ocular anatomy and physiology. I found this to be particularly helpful and interesting, as learning more about ocular A&P is one the goals I set for myself for the upcoming months. I was even able to get a few text book recommendations from Dean later in the day. Learning the "how and why" behind ocular/corneal pathologies is extremely useful to anyone who determines tissue suitability. I was impressed by the variety of ways the same information is relayed, as I looked over the different evaluation forms from other eye banks. Becoming more familiar with the shared language revolving around corneal suitability definitely allows for better communication between TDS' and other LVG departments, eye banks, surgeons, medical directors, etc.

Attending this seminar provided ample opportunity for some good hands-on experience, and some really helpful one-on one-time that may not necessarily be allotted in a given work day at the office. It was a great environment to ask a variety of questions and to learn at one's own pace. From guest speakers to tours of the MN Lions Eye Bank, the content of the seminar was well-rounded and very relevant. I hope to share what I learned whenever and wherever I can as I continue slip lamping at LVG. I would definitely recommend continuing to send our staff to this seminar, as it is an eye-opening (no pun intended) and very rewarding learning opportunity.

Amy Ansin: Tissue Distribution Specialist



Donor Recognition Ceremony

Our donation partners hold dear – as do we here at **Lions VisionGift** – the idea that we are stewards of the generous gifts that our donors and their families provide. Together with Community Tissue Services, Pacific Northwest Transplant Bank, and members of our donor community, we long-ago established our Donor Family Advisory Council (DFAC) which is made up of families who have been through the donation process and feel like they're in a place to help newly-bereaved families. This often takes the form of planning and participating in memorial events like our Candle Making or Quilts of Life crafting days, but also through co-ordination of the annual Donor Recognition Ceremony – in which every donor family, from each of the three donor agencies, are invited to a ceremony honoring their loved ones and the generous gifts of life and hope they've provided.

These events are special opportunities to honor donors and their families for the courageous decisions they've made. Each year the ceremony begins with an invocation and some form of silence. There is a



poignant candle lighting ceremony to honor our donors and typically two recipient speakers who can bring home the final impact of donation for many of these families – most of whom have not had any contact with their recipients due to the recent timeframe of their loved one's passing. These recipients therefore serve as a proxy recipient and are typically embraced by donor families who recognize that their gifts have had a similar impact on someone's life. By far the highlight of the ceremony each year is the Video Tribute, during which family-submitted images of donors are played in a montage with moving music.

This year's Donor Recognition Ceremony was held on Saturday October 17th in Oregon City, Oregon. We move the event around the state each year to try and enable donor families from across our entire region to attend the event, and we were thrilled to have more than 220 attendees this year! It is a true reflection on the compassionate nature of our donor families and a reflection of the unique grieving community all our families gain access to.



Our relationship with donor families extends well beyond their interaction with us surrounding the actual screening and recovery of gifts. We send grief resources to every family and similarly invite every family to participate in events with our Donor Family Advisory Council. We're proud of the long-term relationships which have emerged from these efforts – many of our most ardent DFAC supporters have been with the program for 10, 15, or 20 years. We look to continue fostering relationships with the brave families of our donors so we can do more to honor their selfless gifts.

Lions Presented Gift and Awards

President Bob Thomas was presented with a Mascot Lion during a recent visitation meeting and Daryl and Barb Hawes were presented with Chevron pins for 10 years of service.



Governor Paul Zastrow and Vice District Governor Judith Poage presented a Lion to (l) President Bob Thomas

Island City Lion Presented With Plaque

The Island City Lions Club member Richard Taylor was given a plaque for his 41 years as a Charter member and for his support of the Club all of those years. Lion President Dan Cosner presented Richard with the award for his loyalty and attendance.

At the same meeting, Lion Doug Edmonds was given the Silver Membership Award for his April recruiting of new members.

The Island City Lions will help with a Gun Show in early February as a fundraiser. It is being organized by Lion member Mike Voss. The Club will also have a snack menu donated and run by Lion Randy Willson of Grocery Outlet in Island City.

submitted by Lion Glenna Sams

Welcome New Lions



Two Lions were inducted into the Elgin Lions Club by Past District Governors Steve Oliver (top left) and Gerald Hopkins (right). (front row: l-r) They are Jessica Rupert, sponsored by PDG Steve Oliver, and new Lion Irene Martin with her sponsor Linda Johnson.

Here's wishing you ...



*Until next year.
See you in 2016*

The Year Women Became Lions

Let's hop in the Lion Time Machine and travel back to our past. It's difficult to imagine a time when women were not a big part of Lions clubs. That's how it was in 1981 when it was an all-male organization and yet the Portland Lloyd Lions Club had women and men registered as members. "It was just something we did," said Bert Cornick, current Club President. He explained that since women were in the workplace and in Lioness and Auxiliary clubs, "It seemed natural to have women in our Club."

Lions Clubs International (LCI) strongly disagreed and stripped the 21-year old charter from the Lloyd Club because the club members refused to abide by the current men-only by-laws.

Prompted by the idea from Club member Joe Weston, the Portland Lloyd Lions decided in June 1983 to sue LCI. The Club had 16 male and 7 female members including then Oregon Secretary of State Norma Paulus. Some of the other women were Helen Honse, Nancy Hopper and Mary Mulfur. Helen is still a Club member and the Sight and Hearing Committee Chair. "Where would Lions be today without women?" asked Helen. "With our lawsuit, we actually wanted LCI to allow a local option for each club or area to decide whether or not to admit women."

Even without a charter, the Portland Lloyd Lions Club continued as a Lions club. Initially they won their lawsuit but, with an LCI appeal, the court ruling was overturned. They sued Lions Club International a second time and won again. After 7 years of legal proceedings, the Club's charter was reinstated in February 1988 and women were officially admitted to this Lions Clubs.

In Oregon, there have been many women Lion leaders including 19 women District Governors and 4 women Council Chairs. Next Lion year, 3 out of the 4 of our District Governors will be women. The first Lion woman elected as District Governor in Oregon was Pauline Smith from District E in 1994. Two years later, Lion Bev Bridgewater from District G was elected. District O's first woman District Governor was Brenda Wilkinson in 2000, and District R elected Jean Covill in 2004.

Lion Brenda was also the Multiple District 36 Lioness President in 1991 and the first woman Multiple District 36 Council Chair in 2003. "I got cold shoulders and sneers from several people but my year as District Governor was overall enjoyable," said Brenda, "and I was made to feel welcome at all the clubs I visited. And remember, we had Lioness Clubs for women that evolved from the women of Lions Auxiliary." There are currently 7 Lioness Clubs in our state that continue to offer many great opportunities to serve.

Glynis Beyerlin, our state Executive Secretary, said, "Behind every great man is an even greater woman, ha, ha." Here is what other women said when asked about the role of women in Lions clubs. "Our Sutherlin Lions Club is made up of 22 women and 22 men. Women fill officer positions, chair committees and are ready to volunteer wherever needed," said Carol Brink, 1st VDG, District E.

"I feel women have a lot to offer this world. We still have a ways to go to be on equal ground with men. There are great opportunities and we are learning to capitalize on those opportunities," said Judy Kauffman, 1st VDG, District R.



Robin
Herrington

Helen
Honse

PDG Judy
Giorgi

"I think women do a lot of work in the clubs as in following up on things and working out in front and behind the scenes," said Debi Castor, 2nd VDG, District G.

"Being a woman in a Lions club is empowering. I enjoy being on committees that I probably could not have done 20 years ago. I also think being a senior citizen, it's important to stay busy. That's vital and Lions clubs do that," indicated Robin Herrington.

PDG Judy Giorgi, mentioned that decades ago she and her husband Don couldn't continue to attend the morning meetings at the Gresham Breakfast club so they

started the Gresham Supper Lions Club. Judy said, "Today we still have more women than men in our Club."

submitted by Bert Diamond, 2nd VDG, District O

District O - Northwest - North Coast



District O Governor Column

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My year as District Governor is almost half over and I have had the opportunity to visit many of the Lion clubs in District 36-O. It was my pleasure to meet Lions who are excited about serving people who need help in their community. Lions know that what is important in life is not what one can take from life, but what one can give. I continue to meet people who are making a significant difference in the lives of others. In Oregon are Lions providing the quality sight screening to so many children in schools. Not only are students screened, but thanks to our partnership with the "KEX Kids Fund", there is a way to help get glasses for students that have no way to get them. It is a GREAT day to be an Oregon LION!

Other great service projects that Lion clubs are involved in include getting shoes, socks and coats for kids. There is nothing like taking school-aged children out to buy their first pair of new shoes or a warm coat when it is cold outside. Providing transportation to someone who is having eye surgery allows Lions to be a part of a life-changing event most people would not get to experience.

As we get into the holiday time of year, many Lion clubs are involved in distributing food baskets and/or toys for the season. These gifts can make a lasting impact on entire families at the time and for years to come. This past year a young man I met was very excited when he saw my Lions pin, because the Lions were the ones who gave him presents when he was a child. This was a gift that kept on giving.

Thanks to Lions who have been collecting glasses all year. A handful of Lions will have a chance to go to Mexico and Peru on a mission to provide the gift of sight with glasses that would otherwise be thrown away. Lions need to work in "Harmony" with one another as we treat "Humanity" with "Dignity". Together we can make a significant change in the lives of people who need help.

It is great to be a Lion. We care. It is great to be a Lion. We give. It is great to be a Lion. We make a difference in the lives of others. It is great to be a Lion because when we give, we get so much more in return.

District R - Willamette Valley - Central Coast



District R Governor Column

Chuck Blanchard (Joan)

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I have been visiting Lions clubs all over District 36R for the past four months and I have been amazed by our clubs. They are doing some terrific programs and activities to serve their communities. Many of those activities also fall under the four service areas included in the "Lions Centennial Challenge" - Sight, Environment, Hunger and Children. I am truly honored to be Governor of such an active Lions District.

I want to return to the discussion of Leadership I started last month and discuss Lions Leadership Training Institutes. The first of these is the Northwest Lions Regional Leadership Institute. This is an excellent three-day seminar that is equal to some of the best leadership training I have received elsewhere. The training will take place in Yakima, WA, from February 4-6, 2016. See if your club will help to cover the cost of attending the Institute.

The gold standard of training available from the Lions and some of the best training anywhere is offered at the USA/Canada Lions Leadership Forum. It includes seminars on leadership, management and Lionism as well as offering outstanding motivational speakers. The USA/Canada Lions Leadership Forum will take place in Omaha, NE, from September 15-17, 2016. Try to get there if you can. It will be well worth the time and money. The USA/Canada Lions Leadership Forum will be held in Portland in 2017. It is one more way to celebrate the Lions Centennial.

Finally, I want to mention the new Lions Clubs Handbook. It was prepared by the USA/Canada Lions Leadership Forum and it is packed with useful information. The cost is \$10 each. We have sold one case and have ordered another. Try to get your hands on one.

District E - Southern - South Coast



District E Governor Column

Wes King (Carol)

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The Lions of District 36-E have been very busy providing the excellent services Lions do.

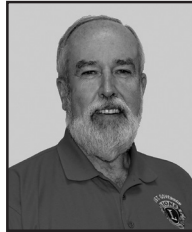
Our Lions Centennial Service Challenge to benefit 100 million people is being taken seriously and all our Lions clubs are "all in". The week of January 10-16 is to focus on hunger and poverty. We need to increase efforts of vision, youth, environment and hunger.

The USA/Canada Lions Leadership Forum in Grand Rapids, Michigan, was well attended. Multiple District 36 had at least 25 Lions in attendance. The forums presented were excellent and the speakers did an outstanding job with their presentations. The forum next year will be in Omaha, Nebraska, on September 15-17, 2016. On September 21-24, 2017, the forum will be in Portland, Oregon. We will need many Lion volunteers to help with a myriad of tasks necessary to support this event. Anyone who can help should let PCC Joyce Anderson know when you would be able to volunteer.

Lions University offers online classes that will benefit everyone in your club. It is highly recommended that all club members be made aware of the opportunity.

We need to remember to continue energizing and increasing membership in our existing clubs and to developing new clubs. We need more Lions to provide the excellent services Lions do. The Ask One Pin, when worn daily, is a great way to begin conversations about Lionism.

District G Central - Eastern Oregon



District G Governor Column

Paul Zastrow, PDG

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Website: www.oregonlions36g.org

It is December already and almost time for the annual Christmas and New Year's Day celebrations. Visitations are always a highlight for the District Governor and two clubs are stand outs. The Elgin Lions Club, with over 60 members in their small rural community (outside of La Grande), demonstrates that you can have a healthy and active Club that truly is community based. Then one of my real favorites has to be in Jordan Valley Lions Club. Although small in number, talk about a wonderful visit. They have a Cub program for younger kids and are now starting a Leos Club for eligible 12 to 18 year olds in their remote area. The Jordan Valley Club uses the kids to start their meetings with a wonderful flag ceremony and finishes their evenings with their youth cleaning up, folding tables and making their Lions Hall orderly!

Holiday happenings do not mean that Lions must take a back seat. Instead, why not use the time to really celebrate by stepping up and honoring members and friends with a simple donation to OLS&H Foundation or to LCIF and doing so on their behalf! Then, work at your community food bank or other organization helping the less fortunate with serving dinners, giving Christmas baskets or even cutting firewood for a senior. There is a myriad of ways individual Lions and Clubs can help make their communities better places to live work and play! Dedication is the name of the game in WE SERVE!

Club strength is not merely a measure of numbers; it is the interest in helping others that is a reflection of dedicated Lions everywhere. Ensuring that each person assisted keeps their **dignity**, that we work in **harmony** in giving help, and that each one of us is serving **humanity**. This is hitting on all three words of LCI President Yamada's theme. Along those lines and using my theme **Think Possibilities**, we need to look at situations as potential solutions just waiting to be implemented, not as problems to overcome! So, want to make your communities better? Then think what you can do and work out a solution that tackles the issue and put your collective ideas and energies to work!

I serve as your servant leader and seek your ideas and assistance to make our District all it can be!

You, Me and Diabetes!

Hello Everyone,

By the time you receive this very important information we will be in the midst of what I believe is a very dangerous period for those of us with diabetes or prediabetes. What am I referring to? Of course, it's the celebration of Thanksgiving, Christmas and New Years with the great displays of very rich foods and drinks. The media is full of all kinds of advertisements encouraging us to partake of these rich and enticing food and drinks so as to drive a diabetic to the brink of madness with the overpowering desire to participate. But we must maintain common sense as to what the consequences will be if we don't. Following is an article we all should read that could help us from going over the edge and overindulge, It is entitled "Understanding the basics of DIABETES " by Ved Vyas Gossain ,MD.

What Is Diabetes?

Diabetes is a condition in which the body either does not produce enough insulin or is not able to use the insulin effectively. As a result, the glucose in the blood (often called blood sugar) becomes too high.

How Common Is Diabetes? There are 29.1 million Americans who have the condition, of which 8 million do not know that they have diabetes. The number of people with diabetes has increased along with the number of people who are overweight or obese. Diabetes is more common among minorities such as blacks, Hispanics, Asian Americans and Native Americans. People can get diabetes at any age, but the risk increases as we get older. It is estimated that in 2014, nearly 25 percent of people over the age of 65 have diabetes. There are three main types of diabetes: type 1, type 2 and gestational (je-sta-shen-al) diabetes.

Types Of Diabetes: **Type 1 diabetes** (previously also known as juvenile diabetes or insulin-dependent diabetes) ~ Type 1 diabetes develops because the cells that produce insulin (beta cells) are destroyed by an immune process and the body, therefore, is unable to produce sufficient amounts of insulin. Only about five to ten percent of people with diabetes have type 1 diabetes. Type 1 diabetes typically occurs in children and young adults, but may occur at any age. So even if you are 90 years of age, you can develop juvenile diabetes! **Type 2 diabetes** (previously also known as adult onset diabetes or non-insulin dependent diabetes) ~ Type 2 diabetes develops because the body is unable to effectively use the insulin that it produces. Type 2 diabetes typically occurs in people over the age of 40 years who are overweight or obese. However, due to the increasing rate of overweight and obesity among children and young adults, this type of diabetes is increasingly being seen in younger age groups. **Gestational diabetes** ~ Gestational diabetes is the type of diabetes that develops during pregnancy. It is caused by the hormones of pregnancy or by an insufficient amount of insulin. This type of diabetes usually goes away after the end of pregnancy, but it may not. Women who develop gestational diabetes and their children have a greater chance of developing diabetes later in their lives.

How Is Diabetes Diagnosed? Diabetes can be diagnosed in people who have symptoms of diabetes and a blood sugar of 200mg/dl (milligrams per deciliter) or more. In people with any symptoms, diabetes can be diagnosed by one of three tests: **Fasting blood glucose (sugar)** – People are asked not to eat anything for at least 8 hours before the blood is drawn for this test; **Glucose tolerance test** – In this test, a fasting glucose is obtained (as above) after which 75 grams of glucose (provided through a special drink) is given to drink and another blood sugar is obtained two hours later; **HbA1c** – This is a blood test which shows the average blood glucose over the previous three months.

The following table gives the normal blood glucose values and also the values by which a diagnosis of diabetes and prediabetes can be made.

Test	Normal	Pre-diabetes	Diabetes
Fasting Glucose	Less Than 100 MG/DL	100 - 125 MG/DL	126 MG/DL or Higher
2-Hr Glucose	Less than 140 MG/DL	140 - 199 MG/DL	200 MG/DL or Higher
HBA1C	Less than 5.7%	5.7 - 6.4 %	6.5% or higher

What Is Prediabetes? As shown in the table above, people with prediabetes have blood sugars and HbA1c higher than normal, but not sufficiently high enough to make a diagnosis of diabetes. People with prediabetes are at an increased risk of developing diabetes. It is estimated that prediabetes progresses to diabetes at the rate of about five percent per year if there is no intervention. People with prediabetes are also at risk for developing heart disease and stroke.

What Are The Symptoms Of Diabetes? • Increased thirst • Increased urination • Feeling very hungry • Feeling very tired • Losing weight without trying • Sores that don't heal or heal slowly • Leg cramps. Although these symptoms are common to both type 1 and type 2 diabetes, many patients with type 2 diabetes may not have any symptoms. Their diabetes may be detected by a routine blood test.

by Ved Vyas Gossain, MD, FRCP, MACP, FACE
(to be continued in January 2016)

The reason a dog has so many friends is that he wags his tail instead of his tongue!

Merry Christmas and a Happy New Year to all!

Diabetes Chair, PCC Charlie Tate

36-R CONFERENCE REGISTRATION FORM

"Moving Forward"

February 6, 2016 * Wheelhouse Event Center * Albany, Oregon

Please print legibly.

Registration Deadline: January 30, 2016

Registrant No. 1	Lion <input type="checkbox"/>	Leo <input type="checkbox"/>	First Timer <input type="checkbox"/>	Guest <input type="checkbox"/>
NAME: _____		NICKNAME: _____		
Last		First		
TELEPHONE: _____		E-MAIL: _____		
Area Code		Number		
CLUB: _____		CURRENT OFFICE HELD: _____		
<i>Hospitality Book (Includes Registration & All Meals)</i>				
• Lions & Guests (\$45.00) <input type="checkbox"/>				
• Campus Club Members & Leos (\$25.00) <input type="checkbox"/>				
<i>Sessions only (No food)</i>				
• Lions & Guests (\$30.00) <input type="checkbox"/>				
• Campus Club Members & Leos (\$10.00) <input type="checkbox"/>				
<i>Meals:</i>				
Morning: Coffee, tea, water, pastries, & fruit.				
Lunch: Basil Herb Chicken, Jasmine Rice, & sides.				
Afternoon: Coffee, iced tea, and water.				
<i>Special Needs</i>				
• Hearing Impaired (Signer Needed) <input type="checkbox"/>				
Most special dietary needs should be met among the buffet offerings.				

Registrant No. 2	Lion <input type="checkbox"/>	Leo <input type="checkbox"/>	First Timer <input type="checkbox"/>	Guest <input type="checkbox"/>
NAME: _____		NICKNAME: _____		
Last		First		
TELEPHONE: _____		E-MAIL: _____		
Area Code		Number		
CLUB: _____		CURRENT OFFICE HELD: _____		
<i>Hospitality Book (Includes Registration & All Meals)</i>				
• Lions & Guests (\$45.00) <input type="checkbox"/>				
• Campus Club Members & Leos (\$25.00) <input type="checkbox"/>				
<i>Sessions only (No food)</i>				
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• Hearing Impaired (Signer Needed) <input type="checkbox"/>				
Most special dietary needs should be met among the buffet offerings.				

Parking

Parking is available on site. The street address is: 421 Water Avenue NE, Albany.

Dress Code

Casual, club vests and/or shirts.

Refund Policy

100% refund if request is received by January 30, 2016. Once meals have been reserved, no refunds will be granted. No refunds at conference. All requests for refunds must be in writing and mailed to: Tom Hilgers, PO Box 5145, Salem OR 97304-0145.

To Register

Make checks (NO CASH) payable to District 36-R. Mail registration form and check to: Tom Hilgers, PO Box 5145, Salem, OR 97304-0145. Registration materials can be picked up on site on arrival at the conference. ***Applications received after January 30, 2016, cannot be guaranteed meals.***

Questions:

Please direct all questions to: Tom Hilgers, Registration Chairman: 503-884-9854; e-mail: thilgers@comcast.net.

Old Style Tradition Returns for Eugene Downtown Lions



Lion Twila Butler diligently cooked the brats and onions

The late Yogi Berra had a saying, “It’s Deja Vu all over again.” That’s what has happened for the Eugene Downtown Lions Club. The Club celebrated Oktoberfest on Monday, October 26, just five days prior to Halloween at the Vet’s Club after a brief hiatus. In attendance were Lion members in costume. It was great event to renew a tradition. Typically Oktoberfest is a festival celebrating beer held annually in Munich, Bavaria, Germany, running from late September to the first weekend in October.



Nobody had to be called twice to get in the food line

What kind of Oktoberfest would be held without beer? Not this one, but bratwurst smothered in onions was the main course along with many



Sure looks delicious!

side dishes and salads brought by and shared with the members. Lion Twila Butler did the grilling of brats and onions outside in the cool October

weather. Some 30-40 members and guests really enjoyed



Lion Jim Mueller wore his authentic Bavarian hat

the food and especially the company of their fellow Lions. Some members wore masks to add the flavor of Halloween. We follow the Lions Motto “We Serve” as we serve our



A great way to spend a Fall evening with fellow Lions

community, but we also enjoy serving each other. That’s just one of the reasons this Lions Club is one to join.

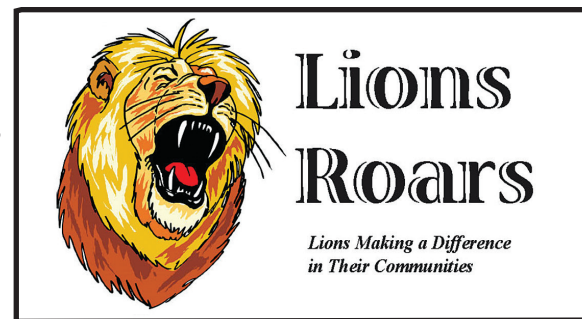


Lions (l to R): Gene Hayden and Golda Fabian made an unusual pair of trick-or-treaters



Lion Gino Barbisan never looked better

submitted by Tim Chuey



“We Couldn’t Have Done It Alone!”

“We couldn’t have done it alone!” said Rich Correa of the Gresham Breakfast Club. The latest fundraising process for the Oregon Sight & Hearing Foundation was the brainchild of Rich, who is an avid supporter of the Portland State Viking football team. He found a way to marry his love of the Vikings and his support of the Foundation in an ingenious way. He got PSU to provide 200 prime tickets on the 30-yard line to the game on Saturday, October 17, where the Vikings hosted the Montana State Bobcats -- and then the fun began.

With the help of Tom Slyter, Art Abbot and Tom Mayer as co-chairs, the members of the Gresham Club made 24 visitations to other Lions clubs in the greater Portland area. A total of 214 tickets were sold at \$24 each. One-half of the money raised went to PSU to cover the cost of tickets; the other half (\$2,568) went to the OLSHF. But that’s not all.



A fundraiser benefiting OLSHF and Portland State University. (l to r) Art Abbott; Tom Mayer; Tom Slyter; Rich Correa (host); Paul Haughom (Club President) and Steve Solcz

offensive showdown.

Not only was this a win-win for PSU and the OLSHF, but it was a big win for the Lions in the Portland area. Visitations are always a good way to meet and greet and keep each other updated on the latest news in the various clubs. It was heartwarming for the members of the Gresham Club to get such a positive and generous reception at each club they visited. Who knows, they may do it again next year. Stay tuned.



(center) Tom Mayer with fiancée Dody at tailgating party



On the way to another PSU Viking touchdown. A win for Portland State University over the Montana State Bobcats

submitted by Steve Solcz

BINGO

Angels in Oregon

The Oregon Lions Earth Angel program has had a very busy fall schedule. Several days with multiple missions were served by Lion drivers around the MD, according to Chair Sue Jaggars. The busiest location continues to be the Hillsboro Airport on Portland's west side.

Earth Angels is a partnership with Angel Flight West. Angel Flight West serves the 13 western states with volunteer pilots who provide free flights to individuals in need. Earth Angels provides the ground transportation at either departing or arrival airports.

As of October, the Earth Angel program has completed several hundred missions since the program began in Oregon in 2009. Around 90% of the missions have been for medical care.

Those receiving services have been transported to OHSU, Veterans Hospital, Randall Children's Hospital, and the Ronald McDonald Houses in the Portland area. Others have involved transporting individuals to the special camps supported by Lions, delivering eye tissue and getting service personnel on leave to their homes.

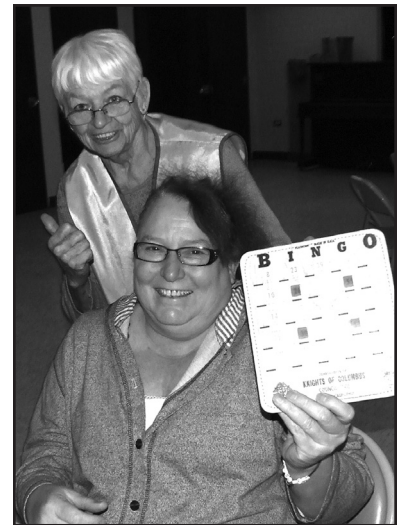
Lion drivers usually receive 24-48 hours of advance notice of a mission. "Our drivers are the reason this program is so successful. We serve a portion of the population that tends to get left out of services," stated Chair Jaggars. Any Lion can be a driver. Driver provide no medical care and recipients must be able to move on their own.

Most missions occur from late spring through early fall. This is due to only a few of the Angel Flight pilots being instrument certified.

The program has expanded across the west where Angel Flight pilots are located. There is a Washington Lions Earth Angel program in operation. Lion Sue has visited MD19 (Washington, N. Idaho and British Columbia) several times. She spoke before Lion's State Conventions in Wyoming and Colorado and received an invitation to attend the new Montana District's Cabinet meeting.

submitted by Sue Jaggars, Chair

The Elgin Lions have begun their Bingo session each Wednesday at 6:30 p.m. Bingo is held at the Community Center in Elgin. Pictured is Becci Scott presenting winnings to Bonnie Haley, one of the first winners in the weekly BINGO.



submitted by PDG Gerald Hopkins

Flags Presented to 1st Graders



The Elgin Lions have presented flags to 1st Graders at the Elgin and Imbler Schools. Pictured are Lions Dick Barnes and Bob Thomas presenting flags to students in Elgin.

submitted by PDG Gerald Hopkins



Gator Thoughts

A collection of thoughts that rattle around in my head ... and sometimes slip out ... for no apparent reason ... Sorry!

Wow!!! Summer 2015 is gone! Where did it go??? I would send someone out to look for it, but I don't know where it went so I would not know where to tell them to look! We have a few weeks of solid school screenings in the books and it appears to be working fairly well. We have a few bugs but we seem to be working them out.

A few days ago I was working in The Dalles when I noticed a small Kindergarten boy who was being screened for his vision. He was sitting up nice and straight in his chair with a big grin on his face. With his left hand he was waving as hard as he could as if we were taking a moving picture. Needless to say every adult in the room was trying as hard as they could to keep from laughing. I wish I could have gotten a picture of that. It would have been a great shot for the paper.

It was great working with The Dalles Lions. They turned out in force from Lions to Leos. We had more than enough workers. They had colored stands that they put behind each chair that the kids sat in. Then they directed the kids to the green chair or the red chair or the blue chair and most of the kids got it. However, the Kindergarteners and Pre-K kids still needed help because some of them still did not know colors. I know it is hard to believe.

Then there was the young boy that came in the room talking in a loud voice saying "I don't want eye drops in my eyes! I won't let you put eye drops in my eyes! Don't put eye drops in my eyes!" At about that time I got the picture and gave him back his sticker and told him to take it to the checkout table. He said, "But, aren't you going to check my eyes?" I told him I had just taken a picture of his eyes and he just looked at me in disbelief. I told him while he was complaining about eye drops I took his picture. When he was through, he walked away shaking his head. I don't think he believed that I could screen his eyes that fast. I just love this job!

I Believe

I believe you should give people more than they expect and do it cheerfully.
I believe you should marry a man/woman you love to talk to. As you get older,
their conversational skills will be as important as any other.
And I believe that when you say "I love you," you should mean it!



*See ya later...
Lion Wally Gator!
To be continued*

A LOOK BACK AT 2015 - WHAT A YEAR!



Carleene Iverson
Chair



Doug Thompson
Executive Director

We hope you'll take a few minutes to check out pages 18 - 19 of this issue to enjoy our "look back" at 2015 and share some of the events that made this a very special year for the Foundation.

You'll see that in January we welcomed Katie Warren to our staff and have since watched her grow into her role as our Lions Eyeglass Assistance Program (LEAP) Optical Program Manager.

February highlights the impact of the ROAR! Hearing Aid program and March brought the newest member of our Lions Mission Cataract team, the Kennewick, WA office of Pacific Cataract & Laser Institute. Amazingly, we now have over 30 surgeons available to donate cataract surgery to people in need.

April brought the 1st Annual Keep the Promise Breakfast in Eugene and introduced the Kholmanski's, a husband and wife couple that each received sight-restoring surgery from Lion Dr. Matthew Neale of the Eugene Downtown Lions.

In May we had the honor of a visit from LCI International Director Karla Harris, who toured our offices and was impressed with the new optical lab, which was on the verge of making eyeglasses for people in need throughout MD-36.

June marked the end of the school year and a record number of screenings for students through MHSP - 158,000.

In July Dr. Toby Palm and the Sutherlin Lions became the first provider and the first Lions Club to join the LEAP Lab network, providing quality eyeglasses at

a low price - for Lions Clubs, approximately \$30 for single lens, \$40 for bifocals and \$50 for trifocals.

The KEX Kids Fund announced in August that it will expand statewide, offering to reimburse participating providers for eye exams and eyeglasses for students lacking health insurance.

In September, MHSP went "back to school" by providing vision screening that can make the difference between success and failure for the 25% of our students that have some type of vision health issue.

In October, OLSHF was once again named one of the Best 100 Nonprofits in Oregon to work for by Oregon Business Magazine, coming in at #7 for medium-sized organizations.

In November we received a special letter from a Corvallis parent, expressing gratitude for the Lions Low Vision Clinic and Dr. J.P. Lowery of Pacific University.

Finally, this month we're pleased to partner again with Dr. Todd Landsberg, the Coos Bay audiologist that is traveling to Eugene to fit Lane County residents in need with brand new digital Starkey hearing aids as part of our "Hear for the Holidays" event.



Oregon Lions
Sight & Hearing Foundation

*We thank all of you that supported the
Foundation in 2015 and wish you all
the best as we embark onto even
bigger and better things in 2016!*

GIFTS & MEMORIALS

Supporters

Lion Champion: \$10,000 and above
Lions Clubs International
Foundation

Lion Heart: \$5,000-\$9,000
Carpenter Foundation
Legacy Health System - Devers Eye
Clinic

Lion Pride: \$2,500-\$4,999
Gene & Dorothy Gustafson
KEX Kids Fund

Lion Sentinel: \$1,000-\$2,499
Ferguson Wellman Capital Markets
Klamath County School District
North Clackamas School District
Portland Columbia Lions Club
SAIF Corp.
Tigard Tualatin School District

Lion Tamer: \$500-\$999
Canby Lions Club
Central Point School District
Division Grocery Outlet
Eugene Downtown Lions
Foundation
McMinnville School District
NW Family Services
Oregon City Lions Club
Tualatin Lions Club

Lion Patron: \$100-\$499
Burns Lions Club
Cedar Hills Sunset Lions Club
Gene Christian
Coburg Community Charter School
Columbia Gorge Lions Club
Combined Federal Campaign
Coquille Lions Club
Dallas Lions Club
Dayton Grade School
Elgin Lions Club
Rupert Fixott
Glendale Elementary
Gold Beach Lions Club
Horizon Christian School
Thomas & Barbara Kuehlwein
Herminia, Robert & Kathleen
Marxen
Mitch Charter School
Myrtle Point Lions Club
Nestucca Valley Lions Club
New Eyes for the Needy - LEAP
Optical Lab

Lion Patron: \$100-\$499 continued
North Powder School District
Odell Lioness Club
Phoenix Talent School District
Powers Lions Club
Rogue River School District
Silver Falls School District
Sutherlin Lions Club
The Dalles Lions Club
Dr. Thuy Tran
Waldport Lions Club
West Linn Wilsonville School District

Lion Donor: Up to \$99
Kaitlin Anderson
Wally & Joyce Anderson
Kent Calvin
Brent & Kelly Culver
Cathy Evans
Willy Hamstra
Kroger
LEAP Recipient Contribution
Metro Metals Northwest Inc.
Barry Olson
Oregon Dept of Transportation
(ODOT)
Portland Legacy Lions Club
Dale & Sharon Rollins
Mary Lee Turner
Dan & Debi Vodvarka

PRIDE Donors (Recurring Donors)

John Anderson
Ray Andrieu
Rod & Debbie Bach
Charles Blanchard
Gerald Caldwell
Hank Calhoun
Debi Castor
Rennie Cleland
Jo Hallam
Thomas & Paula Hilgers
Carleene Iverson
Brad & Laura King
Keith & Denise Price
Brian Rangitsch
David & Penny Rich
Dale & Sharon Rollins
Al & Becky Scott
Dixie Sexton
Jason & Amalia Shaner
Colan Slaght
Irv & Sherril Smith
Doug Thompson
Roger & Paula Trueax
Paul Zastrow

Memorials

Gift In Memory of David Banfield
Lions Past District Governors
Association

Gift In Memory of Clyde Blakely
Sutherlin Lions Club

Gift In Memory of Kent Carter
Art & Gail Abbott

Gift In Memory of George DeHart
Mo & Patricia Jaffer

Gift In Memory of Gail Fox
Ruth Farm

Gift In Memory of Jim Grigg
Gerald Monroe

Gift In Memory of John Hamson
Robert & Suzanne Cassidy
Eugene Downtown Lions Foundation
Mo & Patricia Jaffer
Ruth Miller

Gift In Memory of Helen Ivie
Forrest Gist

Gift In Memory of Kenneth Phillips
Michael McCoy

Gift In Memory of Charley Potter
Sheryl Bernard
FK Johnson
Carol Schadewitz

Gift In Memory of Don Potter
Gerald Monroe

Gift In Memory of Susan Schultz
Eugene Downtown Lions Foundation

Gift In Memory of Will Seymour
Frances Madachy
Nestucca Valley Lions Club
Arlene Traxler

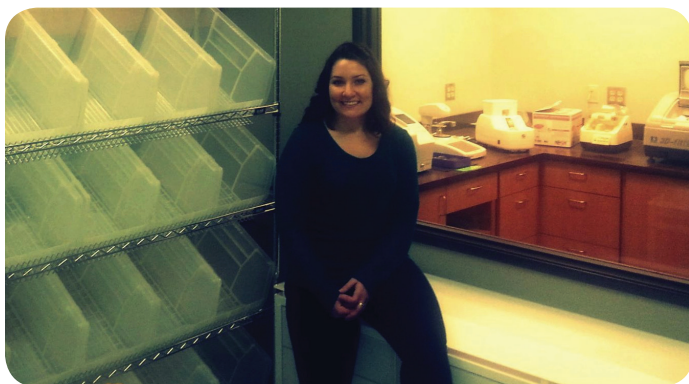
Gift In Memory of Wayne Treat
Elgin Lions Club

Gift In Memory of Les Tyo
Cedar Hills Sunset Lions Club
Gerald Monroe

Gift In Memory of Aaron Weseman
Odell Lioness Club

Contributions listed include gifts received 10/16/15 to 11/15/15 only. Every effort is made to ensure this list is accurate. We appreciate you bringing inaccuracies to our attention by emailing Info@OLSHF.org

JANUARY 2015



In January we completed the LEAP Optical Finishing Lab construction. Katie Warren, newly promoted to LEAP Lab Manager, started to beta test making glasses.

FEBRUARY 2015



We received a thank you letter from a grateful grandson in February, letting us know that our ROAR! Hearing Aid Bank provided the gift of hearing for his Grandfather: "Not only can he hear again but he knows that Grandma still loves him too!"

MAY 2015



In May we had the honor of welcoming LCI International Director Karla Harris to our office. She took a tour of our SightFirst funded lab. She enjoyed learning about how we make new glasses and how our partnerships with Lions help people in need throughout MD-36.

JUNE 2015



June marked the end of the school year and the record breaking number of students screened by MHSP. 138,000 screened for vision and 19,000 for hearing across Oregon!

SEPTEMBER 2015

MHSP goes back to school! We anticipate screening 160,000 children for vision by the end of the school year.



(Photo: ASHLEY SMITH / STATESMAN JOURNAL)

Screening helps identify 25% of students who have some type of treatable vision problem. Dr. Robyn Wallace-Blanchard of Siuslaw School District told us that, "Vision is so important to a child's success in school. Reading is everything, and if a child is unable to read, they can't access their education."

OCTOBER 2015



In October, OLSHF once again received recognition from Oregon Business Magazine as one of the 100 Best Nonprofits to work for in Oregon! We rated #7 for medium-sized organizations.

MARCH 2015

OLSHF welcomed the newest member of our Lions Mission Cataract team, the Kennewick, WA office of Pacific Cataract & Laser Institute.

We now have over 30 surgeons available to donate cataract surgery to people in need.

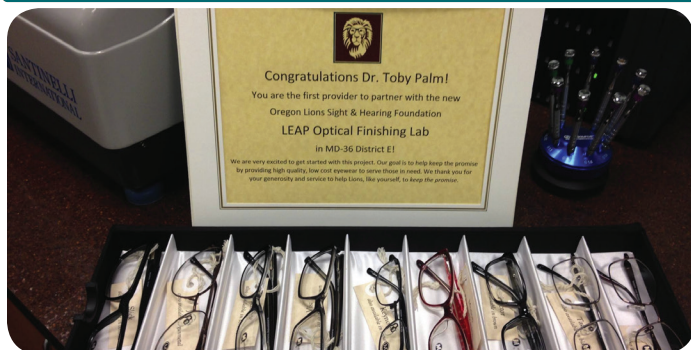


APRIL 2015



In April we kicked off the Keep the Promise campaign with a breakfast event in Eugene. We introduced the Kholmanskis, a husband and wife who each received sight-restoring surgery from Lion Dr. Matthew Neale of the Eugene Downtown Lions Club.

JULY 2015



In July, Dr. Toby Palm, Palm Family Eye Care, and the Sutherlin Lions became the first provider and first Lions Club to join the LEAP Lab network. Through Lions Clubs, our lab provides quality eyeglasses at the low price of \$30 for single lens, \$40 for bifocals and \$50 for trifocals.

AUGUST 2015



The KEX Kids Fund announced in August that it will expand statewide. They offer participating providers reimbursements for eye exams and eyeglasses for students lacking health insurance.

NOVEMBER 2015



We received a heartfelt letter from a Corvallis parent in November who expressed gratitude for the Lions Low Vision Clinic and Dr. JP Lowery of Pacific University. Her son, a high school student, never had access to a low vision clinic. She remarked how Dr. Lowery's assessment will enhance his learning.

DECEMBER 2015



In this last month, we are pleased to again partner with Dr. Todd Landsberg on his "Hear for the Holidays" event. Dr. Landsberg, a Coos Bay audiologist, traveled to Eugene to fit Lane County residents in need with brand new digital Starkey hearing aids.

“Quietly Serving” Lion William Morehouse

At 6 am every Thursday morning, Lion William Morehouse arrives at the Village Inn in the Lloyd District. He is the first member of the Portland Lloyd Lions Club to arrive each morning. Bill has been the Lion Tamer for the Club for around 30 years and he seldom misses a meeting. In the rare event that he does miss a meeting, it is usually because he is volunteering with the Moses Williams Pacific Northwest Chapter of the Buffalo Soldiers, of which Bill is the oldest living member. Nicknamed “Buffalo Soldiers” by the Cheyenne and Comanche Indians, the 9th and 10th Cavalry forces on the U.S. Army was comprised entirely of African-American soldiers. In 1940, Bill attempted to enlist in the U.S. Army in his hometown of Elaine, Arkansas, but was told that he would not be able to enlist and that he should be a farmer instead. Although Bill had experience on a farm, he did not want to be a farmer. So he decided to travel to Texas to enlist.

At the time when Bill joined the Army, the Buffalo Soldiers dismounted and stopped riding horseback. As Bill and his unit were preparing to depart for France, after being stationed in Vancouver, BC, Bill broke his leg in an accident in Texas. He was driving an Army truck when two women stepped out in front of him, he swerved and missed them, but in doing so his truck hit a flimsy fence outlining a 75 foot cliff. Bill and the truck went over the cliff, rolled to the bottom and he broke his leg. Bill's division shipped out to France without him, and many of his unit did not know that he had been discharged because of his injuries. So when Bill's bags arrived in France without Bill, everyone presumed that he was dead.

When asked how he came to be a Lion, he recounted that while working at Dale Catering Service during the day and for the city at night, “I always had at least two jobs”, Bill delivered a keg of beer to the Bowman's Golf Course in Zig Zag on Mt. Hood. The Club was meeting and they asked him to join. He's been a dedicated Lion ever since. Bill has been a Lion for 47 years. He started out serving with the Portland Albina Lions Club and later transferred to the Portland Lloyd Lions Club in 1985. “Bill is a valued member of this Club,” fellow Club member Joe Weston remarks, “and there's more that Bill does that most people don't even know about.”

Not only is Lion Bill the first person from the Club to show up every Thursday morning at 6 am (the meeting does not begin until 7am) but he also serves the homeless at the St. Francis Dining Hall. Lion Joe recounts: “Lion Bill brings two large cans of coffee with him [to St. Francis] every other week” and he also picks up excess bread from the Franz Bakery and brings that as well. The Portland Lloyd Lions Club has a monumental history, as it was the first Lions Club in Oregon to allow women to join. In 1981, the Lloyd Lions thought that it was unfair for the Lionesses to be doing most of the work for the fundraisers and not have the ability to vote.

Some of Lion Bill's favorite service projects and fundraisers include: Alpenrose Dairy's Annual Fun Center selling ice cream; selling seat cushions “cush for your tush” for car races at the Portland International Raceway; annual private viewing of antique cars; marshalling of parades and selling corn on the cob during what was known as the neighborhood fair.

“Lion Bill quietly serves,” Lion Joe says. Yes, indeed he does, for over 47 years!

Nicole Mandarano

West Linn and West Linn Riverview Help Local School Children

The West Linn and West Linn Riverview Lions Clubs have been delivering new Columbia Sports Wear Coats to the local schools. They have been doing this for 17 years. This year the Club delivered 148 coats. The West Linn Lions also take the children shoe shopping and the Riverview Lions Club buys the children new socks.

submitted by Bob and Kelly Bany



Leo Club In the Process

The Jordan Valley Lions are in the process of starting a Leos Club. For several years they have had a "Cub" group of youngsters ranging from first grade to high school age who are involved in assisting the Lions at all their events. These wonderful and energetic Cubs open with a flag ceremony - not only the Pledge of Allegiance, but a rendition of "That Ragged Old Flag" which includes unfolding and refolding a flag properly. They help set the tables and at the conclusion of every meeting they have the chore of cleaning the tables of all the 'stuff' on them and putting tables and chairs away.

The photo shows most of the youngsters, with some of them progressing on to become Leos. For those not in the know,



Jordan Valley is a small community about three miles from the Idaho border. District Governor Paul Zastrow is sitting front and

center with one of the Lion mascots the Club has.

Additionally, the Jordan Valley Lions Club honors Students of the Month from each of the local schools. DG Paul, along with 1st Vice Governor Judith Poage and 2nd Vice Governor Debi Castor, were in attendance along with Zone Chair PDG George Sahlberg and his wife Pearl.

submitted by DG Paul Zastrow

Rockaway Lions Screen 1,145 Children in Tillamook County

The Rockaway Lions Club, with the help of the Oregon Lions Sight and Hearing Foundation, screened 1,145 children at Liberty, South Prairie and East Schools in Tillamook on October 9. It took less than 4 hours to screen these children. We had 6 Lions screening at a time and it took less than 2 minutes per child.

Screening was done by using the SPOT, a new electronic digital device which has revolutionized the process. A classroom of students can be screened in about 10 minutes using the SPOT. Readings are taken on 13 conditions of the eye with the results sent to a computer. The results are printed out and shared with the student's parents. This project is part of the "2020 VISION" of the OLSHF Mobile Health Screening Program.

submitted by Gloria Tarnasky



Lion Cecile Doyle screens a student

Join The Lions Worldwide Week Of Service FIGHT HUNGER AND POVERTY January 10-16

Hunger and Poverty go hand in hand. Childhood hunger can cause irreversible damage, harming a child's mental and physical development. Join Lions around the world for a special Worldwide Week of Service dedicated to helping the nearly 800 million children and adults facing hunger and poverty every day. Together, we can bring dignity to others and reach our Centennial Service Challenge goal of benefitting 100 million people.

How Lions Clubs Can Help Organize A Food Drive to Alleviate Hunger

Step 1: Select a food bank, food pantry or organization that accepts donations. Check to see if there are any specific requirements, such as the types of food to collect.

Step 2: Select a location for your food drive. Successful places include schools, office buildings, places of worship or community centers. Secure permission to hold your food drive from the chosen location. Several clubs have successfully partnered with local grocery stores to place collection barrels at the main entrance, staffed by Lions who share the goal of the food drive with customers entering the store (a list, as below, can be handed to entering customers along with an explanation).

Step 3: Begin planning your food drive. Choose a name or theme for your drive and set a goal for the amount of food that you want to collect. Enlist the help of friends, co-workers, neighbors and your local Leo Club or Boy Scout or Girl Scout troop.

Step 4: Promote your food drive. This allows community residents time to choose food from their pantries or to buy extra food when grocery shopping. Enlist the help of your club Public Relations Chair to promote this event. Decorate collection containers for the food donations. Place flyers or posters in highly visible places. Use newspaper ads, phone calls and e-mails to promote the drive. Announce your food drive on your club web site, Facebook page and other social media sites.

Step 5: Collect food for the hungry. If possible, hold your food drive for several consecutive days or weekends.

Step 6: Deliver your collected food to the food bank or pantry selected.

Step 7: Send "thank you" letters to individuals or organizations who participated, either as the location for the drive or as sponsoring donors and public relations assistance. Publicize your successful drive in community newspapers, on your club web site and on social media sites.

Step 8: Report the success of your food drive at your club's MyLCI activity report page, preferable during the week of January 10-16.

Food Items Most Needed

100% fruit juice (boxes, cans, bottles)
Canned meat such as tuna, salmon, chicken
Canned vegetable and fruit with no added sugar
Chunky soups, beef stew, chili
Dry macaroni and cheese boxes
Peanut butter and jam/jelly
Powdered milk/shelf stable milk boxes
Brown rice, dry and canned beans
Pasta and sauce

Aim for low sugar, low sodium or no salt items for better health

Please do not collect fresh fruit and vegetables at food drives; perishables are difficult to keep fresh and undamaged.



*Questions? Call or e-mail: PDG Sharon Rollins, Centennial Celebration Chair
sgrollins@comcast.net or 503-702-5917*

Reminding You Of An Option For Receiving *The Oregon Lion* Magazine

To: Lions of Multiple District 36
From: MD 36 Communications Committee
Re: ***The Oregon Lion*** and Budget Implications

The 2014-15 Council of Governors has adopted the recommendations from the Communications Committee at their Council meeting on May 15, 2014, regarding ***The Oregon Lion*** magazine and its impact on the MD 36 Budget. With the continued loss of membership as well as escalating costs for print media, it was decided to eliminate three (3) of the eleven (11) printed issues of the magazine, saving approximately \$2,460 per issue. The net income from District Conference/Convention advertising as well as from Oregon Lions Sight & Hearing Foundation and Oregon Lions VisionGift comes to approximately \$10,700, while the costs for printing and mailing the eleven (11) issues of the magazine is budgeted at \$26,620. The current proposed 2014-15 budget has a shortfall of \$4,555. Elimination of the three (3) issues would allow a savings of \$7,260, which would give the ability to add back some \$3,205 to be used for programs. The issues that would be eliminated would be October, March and June. The months of July/August, September, November, December, January, February, April and May would still be published. All eleven (11) issues would be available on the MD 36 website by the 5th of each month.

The Communications Committee also recommended that those willing to receive ***The Oregon Lion*** issues via the Website or via electronic means have the ability to indicate so by a check-off method. For each person so choosing, there will be a savings to the MD of \$0.61 per issue, which could be added to overall programs as ***The Oregon Lion*** printing and mailing budget would be thus reduced. Additionally, this check-off will be published in the magazine for several issues.

For those of you receiving the electronic version, your issue will not be sent in the form of an email. You will need to go to the website: md36lionsclubs.org and click on the list on the left that reads: **THE OREGON LION MAGAZINE ARCHIVES**. Look for the current month issue. The check-off options are as stated below:

I, _____ do hereby ask that I receive ***The Oregon Lion*** via electronic means on the Lions website.

Club Name: _____

I, _____ do not wish to receive ***The Oregon Lion*** via electronics, but instead wish to continue with a paper copy sent to my home address.

Please send your option to: MD36 Headquarters Office, 1075 Washington Street, Suite #212, Eugene, OR 97401 or by email to: md36lions@comcast.net

Keizer Lions Club

Order Form for Flag Sets

Club Name:

Name: Telephone No:

Shipping Address:

City: Zip Code:

Instructions:

1. Identify below the number of flag sets or individual items you wish to purchase.
2. Identify in the address section above if your club will pick up the flag set at the District R convention. Include a name and telephone number.
3. Provide a name, address and telephone number if the order is to be mailed
 - a. Use a U.S Postal Service mailing address for orders of \$100 or less.
 - b. We use United Parcel Service (UPS) for orders over \$100, so include a name, residential or business address, and telephone number for these orders.
 - c. Make all checks payable to "Keizer Lions Club."

Items	Cost/item	Quantity	Total Cost
Flag Set (flag, stand & pamphlet)	\$1.00		
Flag	.60		
Stand	.25		
Pamphlet	.15		
Subtotal			
Shipping			
Total Cost			

Order Amount	Estimated Shipping Cost
\$ 0.00 to \$ 50.00	\$12.00
\$ 51.00 to \$100.00	\$14.00
\$101.00 to \$150.00	\$16.00
\$151.00 to \$200.00	\$19.00
\$201.00 to \$300.00	\$24.00
\$301.00 to \$400.00	\$35.00
\$401.00 to \$500.00	\$45.00



Rural Addresses May require additional Fees

Mail, email or call Lion Doug Waldner to place your order or for shipping information:

Address: 3341 2nd Ave. N. Salem, Oregon 97303

Email: keizerlions@comcast.net

Telephone: 503-463-8825 503-930-2966